# Communication Simulation using Dominoes

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Center for Faculty Excellence Showcase on Teaching

The Carolina Club
University of North Carolina at
Chapel Hill <> November 2, 2018

# Objectives

At the end of this session, participants will

- understand how to use dominos to simulate communication challenges
- identify one idea for implementation of this learning strategy into their teaching.



The single biggest problem in communication is the illusion that it has taken place.

George Bernard Shaw

# Training about Communication Challenges

- Workshops and courses
  - Healthcare practitioners
  - Interprofessional learners
- Outcomes (Lessons learned)
  - Challenges with communication
  - Importance of asking clarifying questions
  - Impact of hierarchy on communication and potential safety issues
  - Self reflection on communication style

# Rural Interprofessional Health Initiative (RIPHI)

- Fall/Spring semester: Students from 8 health profession's schools complete a 3-credit hour didactic session focused on population health and quality improvement
- **Spring/Summer semester:** clinical immersion experience and QI project in rural and underserved communities
- Insights from Dominoes with interprofessional student pairs:
  - Communication styles and expectations
  - Social and environmental influence
  - Trust
  - Reflecting back and checking for understanding
  - "Domino effect" when intended information is not accurately expressed/received

#### **Dominos Exercise**

created by Joe Halbach, MD, MPH & Kathy Pischke-Winn, MBA, RN

Halbach, J. L. & Sullivan, L. (2002) Medical Errors and Patient Safety: A Curriculum Guide for Teaching Medical Students and Family Practice Residents. New York Medical College Department of Family Medicine

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#### Goals of Exercise

#### Teams will

- replicate a domino configuration based on given instructions without feedback – Round 1.
- replicate a domino configuration based on given instructions with feedback -Round 2.
- o reflect on experience during debrief.

#### Teams

- Organize yourselves in dyads
- Decide who will initially be in each role:
  - Receiver (can use who has longest hair)
  - Communicator (can use who lives closest to meeting site)

# Gameplay

Two rounds

 Two chairs are placed back to back with one facing the table







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#### Round 1

- Communicator sits with back to Receiver with domino picture from Round 1 envelope
  - Describe domino photo to Receiver WITHOUT LOOKING AT DOMINOES
- o **Receiver** sits facing the table with a set of Dominoes.
  - Remain SILENT
  - WITHOUT LOOKING AT PHOTO arranges dominoes following instructions with intent of matching the photo.

• Time allotted: 5 minutes

#### Round 1 Debrief

- Does the domino configuration match the photo?
- What went well?
- What were the challenges?

#### Round 2

- Rotate positions
- You have 30 seconds to brief before the exercise begins
- DO NOT look at picture or dominos
- When start is called, the Communicator describes the photo (Round 2 envelope)
- Receiver arranges the dominoes in an effort to match the pattern.
- EVERYONE can talk (ask questions, clarify, etc.)

Time allotted: 5 minutes

#### Round 2 Debrief

- How well does the configuration match the photo?
- What went well?
- What was the impact of briefing?
- What was challenging?

#### Overall Debrief

- How self aware are we of how we communicate?
- How does hierarchy impact communication?
- How do we deliver communication effectively?
- How does the message sent match the message received?

# Take Aways

- What stands out for you?
- Who can these roles represent?
- How can you modify the exercise to use in your teaching/learning activities?

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