**Graduate Student Mentoring Map\***

**Academic Professional**

**Intellectual Community**

**Advising**

**Name**

\*Adapted from the National Center for Faculty Development and Diversity Mentoring Map Copyright 2020 The Regents of the University of Michigan

**Friends**

**Other**

**Family**

**Role Models**

**Personal & Emotional Support**

**Safe Space**

**Well-Being**

**Research/Scholarship Guidance   
& Support**

**Public Engagement & Outreach**

**Career Guidance**

**Sponsorship**

**Substantive Feedback**

**Access to Opportunities**

**Academic**

* **Advising:** Individuals who provide guidance on course selection, degree and program requirements, and milestones
* **Research/Scholarship Guidance and Support:** Individuals who support and guide research and scholarship activities (advisor, dissertation committee, other faculty, lab members, etc.)
* **Substantive Feedback:** Individuals who provide feedback that advances work in a meaningful way such as feedback on written drafts, oral presentations, etc.
* **Access to Opportunities:** Individuals who provide connections to internal and external opportunities such as teaching, fellowships, additional professional development experiences, internships, etc.

**Professional**

* **Intellectual Community:** Individuals who promote intellectual growth and creativity through the open exchange of ideas both inside and outside of your department (peers, faculty, etc.)
* **Sponsorship:** Individuals who provide direct connections to opportunities (e.g., job interviews, speaking engagements) using their influence and networks
* **Career Guidance:** Individuals who support job planning and preparation which can include career exploration, job application materials review, interview preparation
* **Public Engagement and Outreach:** Individuals who identify and encourage participation in volunteer opportunities that have impact beyond the university such as lectures to broader public, diversity, equity, and inclusion, etc.

**Well-Being**

* **Role Models:** Individuals whose behavior, example, or success you want to emulate
* **Safe Space:** a place or environment that fosters confidence and protects from exposure to discrimination, criticism, harassment, or any other emotional or physical harm
* **Personal and Emotional Support:** Individuals who help you thrive while fully experiencing the diverse range of human emotions, experiences, and vulnerabilities

#### Friends

* + **Family**
  + **Other:** individuals/groups/organizations that are supportive of your mental and physical well-being

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